

Personal Questionnaire

Name _____ Date _____

Please Note: If you need more space to answer any of the following questions, you may use additional paper. Simply write to the number of the corresponding question with your answer. If any questions are not applicable to your life, please write “N/A”.

1. Describe your relationship with God.

2. What does Jesus Christ mean to you?

3. Describe your relationship with your father.

4. Describe your relationship with your mother.

5. Describe your favorite sibling and your relationship with him/her.

6. Describe your least favorite sibling and your relationship with him/her.

7. Describe your earliest memory.

8. Described the discipline during your childhood.

9. Describe your thought patterns during the day. What do you think about the most?

10. What brings the most fear to your heart?

11. Describe other fears.

12. List any people whom with whom you have a hard time getting along?

13. Describe any grudges or bitterness you feel you may have.
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14. List any involvement in the occult, satanic or demonic powers, use of Ouija board, or any item you consider possibly involved with higher powers.
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15. Describe your financial situation.
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16. Describe your spending habits.
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17. Describe your eating habits.
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18. Describe your exercise habits.
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19. Describe your sleeping patterns.
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20. Describe any poor sexual habits, for example—masturbation, pornography, or any inappropriate or questionable sexual involvement (past or present).
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21. What incident brings you the most guilt?
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22. What other incidents bring guilt to your mind?
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23. Describe your level of the anger, impatience, or frustration.
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24. Describe any incidents of depression.
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25. Describe your hobbies.
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26. How would you describe yourself? (Circle any that apply)
 Kind—loving—truthful – gentle -- caring—submissive -- content -- morally upright
 Lustful, immoral, discontent-- rebellious --bitter, angry, --dishonest --harsh –selfish
 Other _____

27. How would your spouse describe you? (Circle any that apply)
Kind—loving—truthful – gentle -- caring—submissive -- content -- morally upright
Lustful, immoral, discontent-- rebellious --bitter, angry, --dishonest --harsh –selfish
Other _____

28. How would your children describe you?
Kind—loving—truthful – gentle -- caring—submissive -- content -- morally upright
Lustful, immoral, discontent-- rebellious --bitter, angry, --dishonest --harsh –selfish
Other _____

29. What is the hardest thing about life for you?

30. What do you enjoy most about life?

31. Describe your greatest success.

32. What gives you the most hope?

33. Describing a meaningful way for others to encourage or relate to you.

34. What is your purpose for life?

35. Have you ever considered suicide/homicide? ____ Do you presently consider
suicide/homicide? ____ If you have suicidal/homicidal thoughts during your stay
at Fresh Start, would you be willing to commit to immediately finding a staff
member with whom you can talk, whatever the time? ____ If you agree to the
prior commitment, please sign your name.

36. What do you most wish would be different about your life?

37. Lists some goals to work towards during your time at Fresh Start. What would
you like to see changed?

38. For our time to be the most productive that it can be during your stay at Fresh
Start, we are going to need to see each other as allies and work together. What can
we do to build your confidence that we desire the best for you?

